

Name _____

Dates: Friday _____ through Thursday _____

Band Practice Skills Log-Due Every Friday

1) Weekly Practice

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Total

Practice Log Grading Scale

131+ minutes - 6 points 120-130 minutes - 5 points 100-119 minutes - 4 points
70-99 minutes - 3 points 40-69 minutes - 2 points 1-13 minutes - 1 point

2) Detailed Practice Session-**WRITE IN COMPLETE SENTENCES**

DO THIS FIRST

What are your goals for today's practice-**Be Very Specific**

3) Practice Material

What you practiced	What you focused on

4) Goal Settings/Reflection-**WRITE IN COMPLETE SENTENCES**

How did you accomplish your goals?

Based on today's practice session, what do you still need to work on?